Download R:

<https://www.r-project.org/>

For your “preferred CRAN mirror”, choose a US one -- I usually choose the UC Berkeley one.

Download R Studio (download R first):

<https://www.rstudio.com/products/rstudio/download/>

Under “Installers for Supported Platforms”, choose the installer appropriate for your system.

R Resources

R homepage: <https://www.r-project.org/>

R Manuals: <http://cran.r-project.org/manuals.html>

R cheatsheets -- many coding cheatsheets exist; google for some or check out those in the “Handy R Cheat Sheets” folder

<https://rseek.org/> - a google search engine just for R-related web sites!

<http://www.cookbook-r.com/> - the basics of stats and data manipulation

<https://www.rstudio.com/online-learning/> Rstudios tutorials.